## A Document from Sir John Fastolf

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## Memorandum

To all to whom these present writings shall come John Fastolf, knight, sends greeting in the omnipotent God. Know that I, with the firm and full purpose of giving satisfaction to our holy mother church and all her ministers and all my creditors and debtors and to any others of God's creatures, concerning all and singular of them, howsoever they are owed and not defrauding any of them in any way, out of the great and high trust which at present I have and bear in the persons of John Paston esquire and Thomas Howes clerk, by this present writing I have given and granted to the same John Paston and Thomas all and singular my goods and chattels, of whatever kind they may be and wherever they are found. To have and to hold to the same John Paston and Thomas, their executors and assigns, freely and entirely and quietly from me my heirs and executors in perpetuity. In testimony of which I have affixed my seal to this present writing. Given at Castre on the second day of the month of October in the thirty-eighth year of the reign of Henry the sixth after the conquest.

Re the dating clause at the end, Henry VI came to the throne on 1 September 1422, so the 2 October in the 38th year of his reign is 1459. The place, 'Castre' is Caister, the village near to Great Yarmouth.